

Team Coaching Process

DISCOVERY CALL

Our journey starts with a discovery call to understand your organisation, explore team coaching needs, and align on desired outcomes.

NEEDS ANALYSIS

To tailor our approach, we conduct a comprehensive needs analysis led by experienced coaches, including 1:1 discussions, performance analysis, and meeting observations.

FINDINGS AND RECOMMENDATIONS REPORT

After the needs analysis, we provide a report with findings, recommendations, and actionable steps, outlining whether team coaching is the best solution.

BESPOKE TEAM COACHING PROGRAMME

If team coaching is identified as the right solution, we develop a bespoke coaching programme aligned to your team's goals and organisational priorities. Each programme is customised

TEAM CONTRACTING

Establishing shared expectations, ground rules, and the team's commitment to the coaching journey.

GOAL CLARIFICATION

Defining clear objectives and measurable outcomes to ensure progress is tangible.

COACHING SESSIONS

Six facilitated sessions usually delivered monthly, to address key areas of development and foster collaboration.

MID-POINT REVIEW

A structured review midway through the programme to assess progress and adjust the approach if needed.

END-POINT REVIEW

A final review to evaluate outcomes, celebrate successes, and plan for sustainable growth.

FLEXIBILITY AND ALIGNMENT

Our team coaching solutions are tailored to meet your specific needs, with flexible duration, cadence, and focus areas to ensure the best outcomes. Contact us to learn how we can support your team's success.

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info@theladershipcoaches.co.uk



+44 (0) 35 09504804



The Leadership Coaches